



IS YOUR CHILD HITTING THE FOLLOWING DEVELOPMENTAL MILESTONES?

If not, talk to your child's doctor and get a referral today! Early detection of delays/disorders with therapeutic intervention can be critical for successful childhood development.

If you have questions or need more information, please call **(409)698-4838** or visit our website **forallthelittlereasons.com**

AGE	SPEECH THERAPY MILESTONES	OCCUPATIONAL THERAPY MILESTONES	PHYSICAL THERAPY MILESTONES
0-3 MONTHS	<ul style="list-style-type: none"> <input type="checkbox"/> Nursing: latches easily to breast/bottle (without excessive coughing or spillage) <input type="checkbox"/> Smiles at faces of family 	<ul style="list-style-type: none"> <input type="checkbox"/> Brings hands to mouth <input type="checkbox"/> Looks at objects briefly <input type="checkbox"/> Falls asleep without excessive calming 	<ul style="list-style-type: none"> <input type="checkbox"/> Lifts head 45-90 degrees <input type="checkbox"/> Props up on forearms when on belly <input type="checkbox"/> Moves head side to side
4-7 MONTHS	<ul style="list-style-type: none"> <input type="checkbox"/> Cry changes for different needs <input type="checkbox"/> Babbles for attention <input type="checkbox"/> Coos, calms and smiles in response to your voice 	<ul style="list-style-type: none"> <input type="checkbox"/> Holds a bottle <input type="checkbox"/> Looks at toys while holding them <input type="checkbox"/> Tolerates loud noises 	<ul style="list-style-type: none"> <input type="checkbox"/> Brings feet to mouth <input type="checkbox"/> Rolls from back to stomach <input type="checkbox"/> Sits alone, steady
8 - 11 MONTHS	<ul style="list-style-type: none"> <input type="checkbox"/> Produces 4 different sounds <input type="checkbox"/> Turns and looks in direction of sounds <input type="checkbox"/> Tries to imitate sounds 	<ul style="list-style-type: none"> <input type="checkbox"/> Begins letting go of toys purposely <input type="checkbox"/> Bangs toys together <input type="checkbox"/> Explores various textures 	<ul style="list-style-type: none"> <input type="checkbox"/> Pulls to standing position <input type="checkbox"/> Kneels independently <input type="checkbox"/> Begins to crawl <input type="checkbox"/> Lowers from stand to sit
1ST YEAR	<ul style="list-style-type: none"> <input type="checkbox"/> Produces 1-2 word phrases <input type="checkbox"/> Uses 5-20 words <input type="checkbox"/> Points to show wants or needs <input type="checkbox"/> Responds to "n" and their name 	<ul style="list-style-type: none"> <input type="checkbox"/> Uses a spoon, hold a cup <input type="checkbox"/> Completely off bottle <input type="checkbox"/> Sorts shapes <input type="checkbox"/> Able to scribble 	<ul style="list-style-type: none"> <input type="checkbox"/> Squats up and down <input type="checkbox"/> Walks without help <input type="checkbox"/> Climbs on furniture <input type="checkbox"/> Throws a ball
2ND YEAR	<ul style="list-style-type: none"> <input type="checkbox"/> Produces 2-3 word sentences <input type="checkbox"/> Vocabulary of 450 words <input type="checkbox"/> Asks "What's this? What's that?" <input type="checkbox"/> Understands simple questions 	<ul style="list-style-type: none"> <input type="checkbox"/> Takes off socks and shoes <input type="checkbox"/> Unscrews jar lids <input type="checkbox"/> Able to string beads <input type="checkbox"/> Eats all food textures 	<ul style="list-style-type: none"> <input type="checkbox"/> Runs <input type="checkbox"/> Walks up stairs <input type="checkbox"/> Kicks a ball <input type="checkbox"/> Jumps up (feet together)
3RD YEAR	<ul style="list-style-type: none"> <input type="checkbox"/> Produces 3-4 word sentences <input type="checkbox"/> Vocabulary of 1,000 words <input type="checkbox"/> Produce sounds: m, n, p, b, f, h, w <input type="checkbox"/> Most speech understood by others <input type="checkbox"/> Tells simple stories: expresses ideas 	<ul style="list-style-type: none"> <input type="checkbox"/> Puts shoes on correct foot <input type="checkbox"/> Builds nine block tower <input type="checkbox"/> Completes 4 piece puzzle <input type="checkbox"/> Colors with a crayon <input type="checkbox"/> Imitates a cross; circle 	<ul style="list-style-type: none"> <input type="checkbox"/> Rides a tricycle <input type="checkbox"/> Walks down stairs <input type="checkbox"/> Catches a large ball <input type="checkbox"/> Walks on a straight line <input type="checkbox"/> Kicks a rolling ball
4TH YEAR	<ul style="list-style-type: none"> <input type="checkbox"/> Produces 4-5 word sentences <input type="checkbox"/> Vocabulary of 1,500 words <input type="checkbox"/> Ask questions like "Why?" or "Who?" <input type="checkbox"/> Produce sounds: m, n, p, b, t, d, k, g, f, h, w 	<ul style="list-style-type: none"> <input type="checkbox"/> Buttons large buttons <input type="checkbox"/> Traces and copies <input type="checkbox"/> Dresses independently when asked <input type="checkbox"/> Cuts out shapes 	<ul style="list-style-type: none"> <input type="checkbox"/> Stands on one foot <input type="checkbox"/> Jumps over objects <input type="checkbox"/> Rolls forward <input type="checkbox"/> Hops on 1 foot <input type="checkbox"/> Walks on balance beam
5TH YEAR	<ul style="list-style-type: none"> <input type="checkbox"/> Produce 5-6 word sentences <input type="checkbox"/> Make comments: give directions <input type="checkbox"/> Knows his or her address <input type="checkbox"/> Uses most speech sounds correctly 	<ul style="list-style-type: none"> <input type="checkbox"/> Cuts on straight lines <input type="checkbox"/> Tries to color in the lines <input type="checkbox"/> Buttons small buttons <input type="checkbox"/> Aware of dangerous items 	<ul style="list-style-type: none"> <input type="checkbox"/> Skips and gallops <input type="checkbox"/> Stands still on toes <input type="checkbox"/> Catches a bounced ball <input type="checkbox"/> Jumps forward 18-24"